Occupational Therapists are concerned with ensuring that you can complete all of your everyday activities as safely and independently as possible. Your home environment can impact the way you can carry out these activities and needs to be assessed to make sure that you will be safe at home.

When sitting on any furniture it is advisable that your hips are higher than your knees, with your feet flat on the floor. Please tick the boxes if this is the case. Please complete the following measurements and return to your Occupational Therapist as soon as possible.

<table>
<thead>
<tr>
<th>Measurement</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bed height</td>
<td>Measure the distance from the floor to the top of the mattress.</td>
</tr>
<tr>
<td>Lounge chair</td>
<td>Measure the distance from the floor to the seat.</td>
</tr>
<tr>
<td>Dining chair</td>
<td>Measure the distance from the floor to the toilet seat.</td>
</tr>
<tr>
<td>Toilet height</td>
<td>Measure the distance from the floor to the toilet seat.</td>
</tr>
<tr>
<td>Sofa height</td>
<td>Measure the distance from the floor to the seat.</td>
</tr>
<tr>
<td>Dining chair height</td>
<td>Measure the distance from the floor to the seat.</td>
</tr>
<tr>
<td>Bath height</td>
<td>Measure the distance from the floor to the top of the bath.</td>
</tr>
<tr>
<td>Bath width</td>
<td>Measure the distance from one edge of the bath to the other.</td>
</tr>
<tr>
<td>Ledge on bath</td>
<td>Measure the distance from one edge of the bath to the other.</td>
</tr>
</tbody>
</table>

Is the outlet to side or back of the toilet? Please circle: SIDE / BACK

If you have a shower over bath:

(A) Bath height = _____ cm
(B) Bath width = _____ cm
(C) Do you have a ledge on each side of your bath? Please circle: YES / NO

If yes, how wide is each ledge?

_____ cm and _____ cm